

## APPAREL

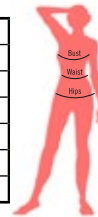
### MEN'S

Size (cm)				Inseam		
	Chest	Waist	Hip	Regular	Short	Long
<b>S</b>	88-96	73-81	88-96	82-5	77-5	87-5
<b>M</b>	96-104	81-89	96-104	83	78	88
<b>L</b>	104-112	89-97	104-112	83-5	78-5	88-5
<b>XL</b>	112-124	97-109	112-120	84	79	89
<b>XXL</b>	124-136	109-121	120-128	84-5	79-5	89-5
<b>XXXL</b>	136-148	121-133	128-136	85	80	90



### WOMEN'S

Size (cm)				Inseam		
	Chest	Waist	Hip	Regular	Short	Long
<b>XS</b>	76-83	60-67	84-91	79-5	74-5	84-5
<b>S</b>	83-90	67-74	91-98	79-5	74-5	84-5
<b>M</b>	90-97	74-81	98-105	80	75	85
<b>L</b>	97-104	81-88	105-112	80	75	8
<b>XL</b>	104-114	88-98	112-120	80.5	75.5	85.5



### YOUTH'S

Size (cm)					EMEA Height
	Chest	Waist	Hip		
<b>XS</b>	64.5-66	59.5-61.5	68.5-71		122-128
<b>S</b>	66-69	61.5-65	71-74.5		128-137
<b>M</b>	69-75	65-69	74.5-79.5		137-147
<b>L</b>	75-81.5	69-72.5	79.5-84.5		147-158
<b>XL</b>	81.5-88.5	72.5-75.5	84.5-89.5		158-170



## SOCKS

### MEN'S & WOMEN'S (UNISEX)

Size	Europe Shoe	UK Shoe	Men's US Shoe	Women's US Shoe	cm
<b>XS</b>	30-34	12-2	13C-3Y	-	19-21
<b>S</b>	34-38	2-5	3Y-5Y	4-6	21-2
<b>M</b>	38-42	5.5-7.5	6-8	6-10	24-27
<b>L</b>	42-46	8-11	8-12	10-13	27-30
<b>XL</b>	46-50	11-14.5	12-15	-	30-33

## BALLS

### JUNIOR - YOUTH - ADULT

Size (cm)	3	4	5	Age
<b>XS</b>	58.5-61	-	-	8 and younger
<b>S</b>	-	63.5-66	-	8-12
<b>M</b>	-	-	68-70	13+

## NIKE FIT SYSTEM



DRI-FIT: Pulls away sweat to help keep you dry and comfortable.

DRI-FIT SPHERE: 3-D construction helps keep you dry and reduces cling from sweat.



STORM-FIT 1: Helps keep you dry and comfortable in moderate weather conditions.

5, 10 & 20: Helps keep you comfortable and dry in rain, sleet and snow.

The seam-sealed, breathable fabric completely blocks wind and rain penetration at

STORM-FIT 5: up to 5,000 mm of water pressure

STORM-FIT 10: up to 10,000 mm of water pressure

STORM-FIT 20: up to 20,000 mm of water pressure

## WASH INSTRUCTIONS

### CARE INSTRUCTIONS FOR NIKE TEAM SPORTS APPAREL PRODUCT

Care for jerseys promptly. The sooner you pre-treat and launder the stained clothes, the better your results will be. Don't allow mud or stains to set. Do not leave wet or dirty jerseys in football or gym bags, where smells and permanent stains can develop.

#### If a stain is not removed in washing:

1. Do not dry it. Dryer heat will set the stain.
2. Soak the stain in a pre-wash. In the case of severe staining it may be necessary to apply a stain remover directly to the affected area. Then launder again.
3. Do not dry a garment until the stain is removed because dryer heat will set the stain.

#### If a stain is not removed in washing:

### CARE DEFINITIONS

Pre-treat heavily soiled spots. Apply undiluted laundry detergent with a bleach alternative.

Pre-soak heavy stains. Soak stained items in a plastic bucket or laundry tub with the warmest water safe for the fabric and a good laundry detergent for one to three hours.

Sensitive stains should be rinsed in cold water, and then washed with a non-chlorine bleach product.

Pre-wash: Used for heavily soiled garments. Run through the pre-wash cycle with the recommended amount of detergent.

When wash cycle is complete, drain the pre-wash solution and launder in the hottest water recommended by the manufacturer.

Please check the washing instructions on the garment.

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